

# Living my healthier life

State of Rhode Island now offers Livongo.  
It's covered by your health plan.

The program is offered at no cost to  
employees, retirees and dependents that  
are enrolled in one of the State of Rhode  
Island Anchor medical plans.

## You'll get this and more when you sign up:

Advanced Technology  
Unlimited Coaching  
Personalized Insights

**\$0**

Additional  
Costs

**GET  
STARTED**

Enroll today  
Register at [be.livongo.com/RHODEISLAND/hi](https://be.livongo.com/RHODEISLAND/hi) or  
call **(800) 945-4355** with code: **RHODEISLAND**

To enroll in Livongo, you must opt into at least one program that State of Rhode Island offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Livongo program is not offered by State of Rhode Island, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Program includes trends and support on your secure Livongo account and mobile app, but does not include a phone, tablet, or smartwatch.

Livongo Health, Inc. (Livongo) is committed to keeping your health information safe and is a HIPAA (Health Insurance Portability & Accountability Act) compliant third-party provider. Livongo is an independent company that has contracted directly with BCBSRI to provide diabetes management, weight management and other health benefit programs for eligible BCBSRI members.

Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

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Only members with certain conditions are eligible for these benefits. For more information, contact (800) 945-4355.

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